



FÉDÉRATION INTERNATIONALE DE SKI  
INTERNATIONAL SKI FEDERATION  
INTERNATIONALER SKI VERBAND

# FIS Covid-19 Prevention Guidelines



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# INTRODUCTION

## FIS COVID-19 Prevention Guidelines

FIS recognises the importance of maintaining the safety, welfare and discipline of everyone involved at FIS Events, including the athletes, coaches, FIS staff, local organising committee members, volunteers, and spectators.

Organised Sport can serve as a role model for managing the necessary conditions to organise safe events, which the authorities are introducing in all sectors of society. FIS Events are already structured following defined rules and regulations throughout the event and the participants are disciplined in respecting these.

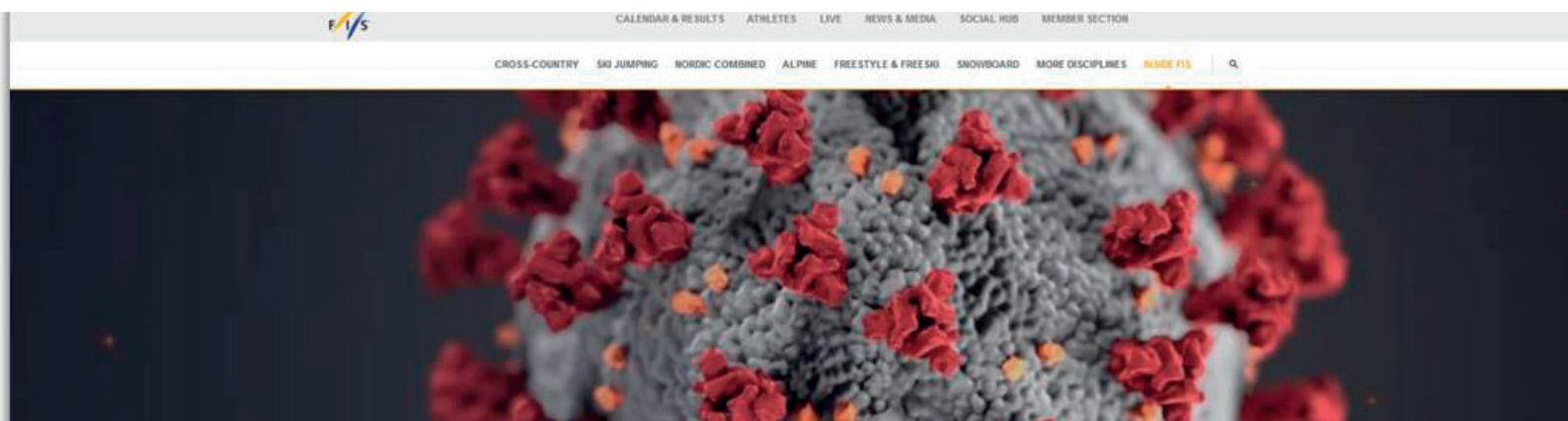
These FIS COVID-19 Prevention Guidelines provide advice relevant for the circumstances specific to FIS events based on information and publications from the World Health Organisation (WHO) and the IOC Medical Department, as well as best practices gained by FIS, its technical staff, the Medical Committee and other International Federations. The advice is designed to assist setting up various processes for the care and welfare of all participants at the Event. This second edition of the Guidelines take into consideration that the knowledge evolved rapidly and therefore basic information on the virus and hygiene measures have been removed since they are well known.

Event Organisers shall ensure that adequate measures are in place to protect the health of all participants and that they can have access to immediate medical care. Preventative measures to stop transmission of infection as well as mitigation measures to minimise the risk of infection shall be put in place.

The Local Organising Committee is required to include responsible Health Authorities to support its work with establishing the appropriate measures and to stay updated in terms of latest developments and local regulations. Local/National regulations prevail over the requirements and recommendations in these guidelines.

## FIS COVID-19 Prevention Guidelines

Please also refer to latest FIS communications on the Information Hub created:



### [FIS Information Hub COVID-19](#)

#### **Support of FIS**

FIS expertise is permanently available to the Local Organising Committee, as well as all other groups and persons in regard specifically to the FIS Covid-19 World Cup Risk Management and Testing Protocol through the FIS Covid-19 Expert, Rasmus Damsgaard. For other Covid-19 medical and health-related matters the members of the FIS Medical Committee Covid-19 Project Group are at disposal. For non-specific matters other persons will manage the question including the FIS Competition Management, Secretary General and a network of expertise in a wide range of areas.

#### **Contact**

The FIS Medical Committee C-19 Support Group and the FIS Expert for Testing and Hygiene can be contacted through [c19support@fisski.com](mailto:c19support@fisski.com).



# 1. RISK ASSESSMENT AND MITIGATION CHECKLIST

## RISK ASSESSMENT AND MITIGATION CHECKLIST

FIS events, specifically the FIS World Cup and World Championships are high profile international sporting events and as such count as “mass gatherings” under the World Health Organisation (WHO) definition.

Planning for mass gatherings includes conducting a risk assessment to determine the overall risk of disease spread. In view of the Covid-19 outbreak, the WHO together with the IOC and experts have developed a disease-specific and event-specific risk assessment and mitigation checklist for sport events. The template can be found below (“Risk Assessment Tool”).

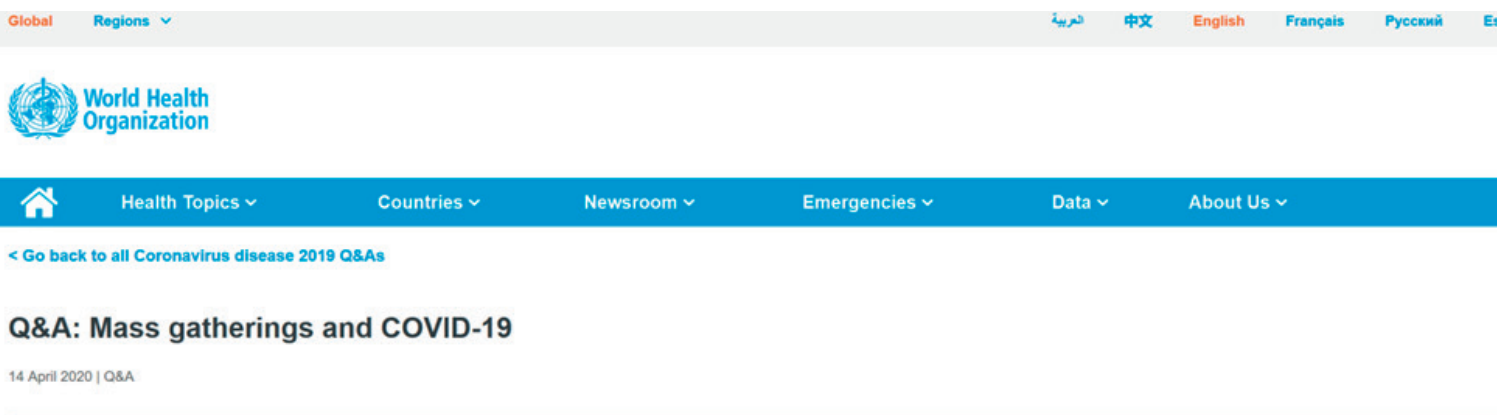
The excel tool includes all factors from the general WHO risk assessment and tool for mass gatherings as well as additional factors relating to sporting events, to enable Event Organisers to determine a more accurate overall risk score.

It is recommended to use the tool in it’s excel spreadsheet format since the scores are automatically calculated there. After the tool has been completed, the scores in the excel sheet for both sections need to be entered into the decision matrix found on the final tab (“Overall Risk Score”).

It is crucial that the risk assessment is conducted with the responsible local public health authorities and that the necessary personnel with expertise in mass gatherings, risk assessment, epidemiology, and infectious disease control measures are included from the initial stages of planning. The national and local public health authorities in your country will know how to conduct a health risk assessment. There are also [WHO Regional Offices](#) who can be contacted for additional support if needed. It is further advised that the risk assessment is also carried out with input from further relevant partners and experts in specific areas relating to the event, including the National Ski Association, FIS Medical Committee C-19 Support Group and Technical Officials, medical providers, etc).

# RISK ASSESSMENT AND MITIGATION CHECKLIST

Please make yourself familiar with the following WHO publications:



[Questions & Answers: Mass gatherings](#)

[Key planning recommendations for Mass gatherings in the context of the current COVID-19 outbreak](#)

[Considerations for sports federations/sports event organisers when planning mass gatherings in the context of COVID-19](#)

[Guidance for the use of the WHO Mass gatherings Sports: addendum risk assessment tools in the context of COVID-19](#)

[Number of daily new confirmed Covid-19 cases globally](#)

[Questions & Answers: COVID-19](#)

[Clean Hands protect against infection](#)

More specific publications (accommodation, travel, etc) can be found on [who.int](https://www.who.int)



# **2. APPOINTMENT OF A COVID-19/HEALTH COORDINATOR**

## APPOINTMENT OF A COVID-19/HEALTH COORDINATOR

The Organiser is required to appoint a capable Covid-19/Health Coordinator (preferable an expert in infectious diseases) whose responsibilities shall be as follows:

- Close and regular contact with public health authorities (link between LOC and health authorities)
- Up-to-date knowledge of the national health directives
- Advising the LOC on the prevention and mitigation measures
- Advising the LOC on the testing protocol in line with FIS guidelines and/or national rules
- Advising the LOC on protocol for management of suspected Covid-19 cases
- Responsible for the Prevention and Mitigation Response Plan



# **3. PREVENTION & MITIGATION PLAN AND ITS COMMUNICATION**

## PREVENTION & MITIGATION PLAN AND ITS COMMUNICATION

Every Organiser is required to compile a document summarising the Covid-19 prevention and mitigation measures planned and undertaken that are established in accordance with local rules and regulations. This can be for example a dedicated document, and/or integration in the Event Medical Guide, or similar.

A communication of the measures shall also be published and sent to all other accredited participants (e.g. broadcasters, media, sponsors, data&timing service partner, etc). Spectator information shall also be prepared and communicated with ticket sales and/or other channels e.g. social media.

It is crucial that all provisions in place are communicated clearly to all participants in advance through channels identified as adequate.

The communication shall include contact details of the LOC Covid-19 Coordinator for the medical response plan, as well as exact provisions of the local procedures and contact details in case of Covid-19 related symptoms (telephone hotline, or similar). Make sure that the local procedures are applicable for international participants (in some countries the contacts may be different for nationals vs. non-nationals of the respective country).

In case a national **CONTACT Tracing App** is available for download, please also include this in the communication (clarify whether also available for the use of non-nationals).

# PREVENTION & MITIGATION PLAN AND ITS COMMUNICATION

One of the core elements shall be creating various bubbles (“FIS Snowflakes”) whereby groups who are being regularly tested and disciplined to follow rules and regulations shall be limited to interact with persons not being subject to strict protocols. (examples of separations: teams – spectators; LOC persons working with teams – other LOC group not interacting with Snowflake groups).



## Key pillars – PROMOTE



# 4. HEALTH QUESTIONNAIRE, TESTING PROTOCOL & FIS PASSPORT

# HEALTH QUESTIONNAIRE, TESTING PROTOCOL & FIS PASSPORT

## Covid-19 FIS Passport Application

Every person requesting accreditation for a World Cup event must have a Covid-19 FIS Passport. An electronic application will be made available for self-registration by these individuals, and entries must also be made by the individual itself.

The application will have three functionalities:

- recording of test dates and results
- whereabouts entries
- health questionnaire

## Responsibility and Discipline of all Persons

In order to ensure the FIS World Cup and an event is not placed at risk from a Covid-19 outbreak and consequences, it is the responsibility of every person to adhere to the policy, follow all procedures and instructions and behave in a disciplined manner at all times.

**A breach of discipline protocol will lead to withdrawal of accreditation, such as going to locations with others present that are not subject to the protocol, i.e. bars, hotspots during the Event.**

# **5. REPORTING POLICY IN CASE OF A PARTICIPANT'S ILLNESS & EVENT TASK FORCE ACTION**



## REPORTING POLICY IN CASE OF A PARTICIPANT'S ILLNESS & EVENT TASK FORCE ACTION

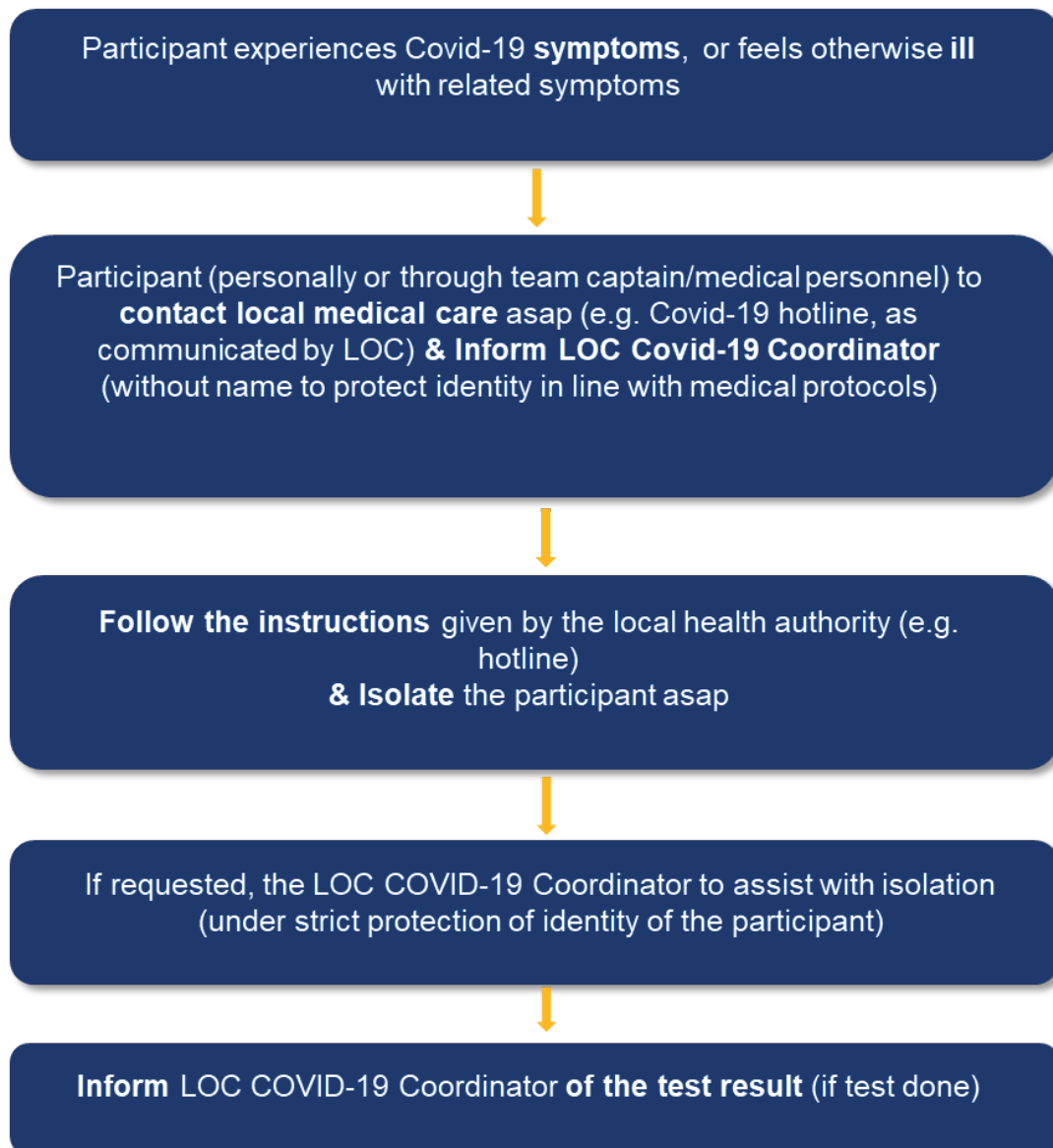
The Event Organiser must have direct contact to local health authorities to assist teams and other participants to immediate medical care as well as access to Covid-19 testing if required. (If possible, indicating costs of the testing.)

The Event Organiser shall issue a Reporting Policy in its Covid-19 prevention measures document listing the required behaviour of team members and other participants in line with national regulations. The policy shall be clearly communicated to the teams and other participants, as well as provided to FIS for publication prior to the event, as part of the event information on the FIS Website calendar section.

**Make it clear in the communication, that all participants are required to fully comply with the respective Policy communicated by the Event Organiser.**

## REPORTING POLICY IN CASE OF A PARTICIPANT'S ILLNESS & EVENT TASK FORCE ACTION

The FIS recommended reporting line is as follows. It may require adaptation according to national regulations and available medical coverage:



## REPORTING POLICY IN CASE OF A PARTICIPANT'S ILLNESS & EVENT TASK FORCE ACTION

If the test result returns **positive** for COVID-19, then



### Event Task Force Action

- The FIS Event Task Force which consists of one senior management representative from FIS, the LOC and NSA and the LOC Health Coordinator representing the national health authorities to instruct the person of their obligations. In accordance with the national authorities procedures, this will require immediate isolation and self-quarantine and declaration of contact persons during the past 72 hours. All persons in current contact with the positive test carrier must undertake a PCR test and self-quarantine until their result is received.
- Communication of the positive test and consequences, notably in the case of an athlete, e.g. non-eligibility to compete for a defined number of day/s will be communicated in accordance with the FIS Covid-19 Communications Policy ([annex 2 of the FIS Covid-19 World Cup Risk Management and Testing Protocol](#)).

# **6. FIELD OF PLAY SET-UP AND SERVICES - CONSIDERATIONS**

## FIELD OF PLAY SET-UP AND SERVICES - CONSIDERATIONS

In accordance with Health Authorities regulations and instructions, ensure hand-washing access (soap and paper towels), alcohol-based hand-gel and hygiene facilities at multiple locations throughout the venue facilities. Review waste management and cleaning plan.

Install hygiene signage across all venues, changing rooms, training facilities (accredited zones, as well as spectator areas). The displays shall remind everyone to maintain a high level of personal hygiene, respiratory etiquette, including hand-washing and minimising physical contact (1,5 - 2 meter distance).

Review the venue set-up to minimise flow of people in all areas.

Review organisation and flow within areas that require closer distances between persons such as the pre-start area, start area, etc. (depending on discipline and facilities/requirements).

Strictly limit and control the number of people in each zone (especially start and finish areas).

More specific and further developed recommendations based on the summer version of this Guide are now included in the information you will receive directly from the FIS Race Management teams and will include discipline specific recommendations.

# 7. ARRIVAL/DEPARTURE & OTHER TRANSPORT SERVICES

## ARRIVAL/DEPARTURE & OTHER TRANSPORT SERVICES

Review the logistics plans with the following considerations:

- Limit number of persons per transportation to allow required distance in the bus/car/minivan
- Transportation plan to separate teams/groups
- Re-confirm with teams/groups whether own transport can be organised
- Minimise grouping of different teams/groups in one transportation
- Consider for LOC-appointed drivers to wear a mask



# 8. ACCOMMODATION & MEAL SERVICES



## ACCOMMODATION & MEAL SERVICES

It is recommended that the LOC has early contact with the accommodation management to review their policies. Hotels are already required to establish the necessary measures to protect the health and welfare of their guests. Depending on the facilities additional options may include for effectively separating teams from each other, as well as from hotel personnel, and other hotel guests. These may include:

### Accommodation

- Teams accommodated on the same floor, access to hotel facilities through stairs (to avoid elevators); try to separate from other hotel guests
- Twin-bedded rooms preferred to keep beds distanced
- If possible separate access to hotel
- Additional cleaning plans/disinfection prior to arrival and during the stay
- Hand disinfection and paper towels at multiple locations throughout the accommodation, including the rooms
- Cleaning of rooms to be avoided when team members are in the accommodation (avoid contact with cleaning personnel)
- Provision of isolation rooms
- Rules for the use of joint facilities (gym, meeting rooms)

### Meals

- Separate dining rooms/areas from other hotel guests with sufficient space
- Prepare as much as possible in the dining area/s before the team arrives
- Sufficient water/drinks already available on the tables
- Cleaning the table preferably after dining when an entire table has left, not during the meal

# **9. SPECIFIC SERVICES FOR OTHER GROUPS (e.g. MEDIA, DATA&TIMING)**

## SPECIFIC SERVICES FOR OTHER GROUPS (e.g. MEDIA, DATA&TIMING)

- Most of the above stakeholders, partners and service providers have prepared or are in the process of establishing company-specific regulations for their employees (instructions on travelling, quarantine, on-site behaviour, etc.)
- As all other venues areas, the working places/areas of these groups need to be regularly cleaned equally
- Additional aspects relative to their tasks to be reviewed directly with LOC

**HARD SURFACES:**






**1. CLEAN**  
Remove organic material for effective disinfection.

**2. RINSE**  
Rinse off detergents.

**3. DISINFECT**  
Use a properly registered disinfectant.

**FREQUENTLY TOUCHED OBJECTS:**



CONSIDER PROVIDING DISPOSABLE WIPES

# 10. WEARING A MASK / FACE COVERING

## WEARING A MASK / FACE COVERING

People with no fever and respiratory symptoms, such as cough, do NOT need to wear a mask. The most effective way to protect yourself is regular washing your hands, and follow the general prevention guidelines.

BUT: In many situations the use of masks/face coverings might make sense (e.g closed rooms, distancing not possible, contact with people outside the Snowflake). Please refer to the specific rules/recommendations of the respective nation as communicated by the Event Organiser.

WHO recommends that persons with any symptoms suggestive of COVID-19 should: wear a medical mask, self-isolate, and seek medical advice as soon as they start to feel unwell with potential symptoms of COVID-19, even if symptoms are mild. Symptoms can include: fever, cough, fatigue, loss of appetite, shortness of breath and muscle pain. Other non-specific symptoms such as sore throat, nasal congestion, headache, diarrhoea, nausea and vomiting, have also been reported.



Loss of smell and taste preceding the onset of respiratory symptoms have also been reported.

[Read further: When and How to Use Masks](#)

# 11. EXECUTIVE SUMMARY OF OBLIGATIONS

## OBLIGATION OF THE EVENT ORGANISER

- Establishment of a Risk Assessment together with local health authorities (refer point 1)
- Appointment of a LOC Covid-19 / Health Coordinator (refer point 2)
- Involvement and close cooperation with Public Health Authorities
- Establishment of LOC Covid-19 Prevention and Mitigation Plan across all areas (refer point 3)
- Define Testing policies of each group of participants in accordance with national regulations and FIS C-19 World Cup risk management and testing protocol
- Encourage Self-Discipline by all participants
- Clear Communications (Hygiene Concept, Testing polices, national requirements, etc) to all participants
- Create safe/protective Snowflakes (« bubbles »)
- Collection and Review of Health Questionnaires (Covid-19 FIS passport)
- Cooperation with FIS on submitted Whereabouts (Covid-19 FIS passport)
- Share Hygiene Concept with FIS prior to publication
- Clear Communication on LOC Hygiene Concept (incl contact details of LOC C-19/Health Coordinator) to participants, as well as publication on the FIS website/FIS Calender under the Event programme information

### MORE SPECIFIC

- facilitate provision to onsite or nearby RT-PCR Testing with flexible opening hours and adequately staffed to accommodate potential testing, whereby costs shall be clearly communicated in advance
- secure Venues to prevent unauthorised access
- advertise local contact tracing application (if available)
- deliver best efforts for the official hotels to prevent unauthorised access/access to event participants
- building of additional “Snowflakes” amongst Local Organising Committee persons and intelligent testing policies in accordance with the FIS Protocol

## OBLIGATIONS OF THE PARTICIPANTS

- Have **NEGATIVE** Covid-19 RT-PCR Test (timing defined by LOC) or have valid antibodies positive serological blood test (before arrival to event)
- Have whereabouts for last 14 days submitted in Covid-19 FIS Passport
- Have completed a health questionnaire (in Covid-19 FIS Passport or directly to LOC as advised by LOC)
- Have submitted/updated “Covid-19 FIS Passport” accordingly
- **MUST** follow all guidelines and regulations and remain in “FIS Snowflakes” zones as designed by the LOC.





**The health and safety of all participants at FIS Events including the athletes, team members, officials, volunteers, service providers, broadcasters, media and spectators has the highest priority. The organisers and medical services are sincerely thanked for their engagement to enable the safe organisation of FIS competitions.**

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