

Úrslit 22. Strandagöngunnar sem haldin var á Þröskuldum 16. apríl 2016

Stúlkur 1 km

				Tími
1	Unnur Guðfinna Daníelsdóttir	SFÍ	2006	08:31
2	Jórunn Inga Sigurgeirsdóttir	SFÍ	2006	08:53
3	Emma Ýr Kristjónudóttir	SFS	2006	11:57
4	Helena Stefánsdóttir	SFÍ	2008	16:09
5	Bergrós Vilbergisdóttir	SFS	2009	16:15
6	Anna Stefánsdóttir	SFÍ	2005	17:38
7	Elínborg Birna Vignisdóttir	SFS	2011	20:32

Drengir 1 km

1	Benedikt Stefánsson	SFÍ	2006	08:08
2	Gunnar Egill Gunnarsson	SFÍ	2007	08:44
3	Stefán Þór Birkisson	SFS	2008	08:45
4	Birkir Kári Gíslason	SKA	2007	10:03
5	Bjarni Ágústsson	SFS	2007	11:40
6	Ægir Egill Gunnarsson	SFÍ	2010	16:20
7	Friðgeir Logi Halldórsson	SFS	2012	22:31

Konur 5 km

1	Sigurbjörg Halldóra Halldórsd.	SFS	2004	00:34:39
2	Árný Helga Birkisdóttir	SFS	2007	00:34:47
3	Elísa Rún Vilbergisdóttir	SFS	2006	00:45:10
4	Þórey Dögg Ragnarsdóttir	SFS	2006	00:47:20
5	Guðbjörg Ósk Halldórsdóttir	SFS	2008	00:47:43
6	Ólöf Katrín Reynisdóttir	SFS	2006	00:51:00

Karlar 5 km

1	Egill Bjarni Gíslason	SKA	2001	00:23:04
2	Hilmar Tryggvi Kristjánsson	SFS	2003	00:26:13
3	Friðrik Heiðar Vignisson	SFS	2003	0:26:17
4	Ástmar Helgi Kristinsson	SFÍ	2005	00:33:12
5	Hákon Ari Heimisson	SFÍ	2006	00:35:14
6	Jón Vilhjálmur Sigurðsson	SFS	1962	0:37:38
7	Grétar Smári Samúelsson	SFÍ	2006	00:44:05

Konur 10 km

1	Anna María Daníelsdóttir	SFÍ	2000	00:45:07
2	Guðrún Kristín Kristinsdóttir	Ullur	2000	0:56:54
3	Guðný Katrín Kristinsdóttir	Ullur	2002	00:57:02
4	Dagný Sveinbjörnsdóttir	SFÍ	1971	01:07:02
5	Margrét Felixsdóttir		1953	01:33:49
6	Björk Sigurðardóttir	Ullur	1962	01:40:07
	Branddís Ösp Ragnarsd	SFS	1998	Hætti

Karlar 10 km

1	Jakob Daníelsson	SFÍ	2001	00:48:10
2	Stefán Snær Ragnarsson	SFS	2001	00:52:13
3	Sveinbjörn Orri Heimisson	SFÍ	2003	00:57:50
	Bergþór Snær Birkisson	Völsungur	2003	Hætti

20 Km 16-34 ára konur

				Millitími 11 km	Tími 22 km
1	Halla Ólafsdóttir	Gullrillur	1986	00:59:33	01:57:16
2	Heiða Jónsdóttir	Gullrillur	1983	01:00:54	02:05:10

20 km 35-49 ára konur

1	Hólmfríður Vala Svavarsdóttir	Gullrillur	1974	00:45:48	01:35:50
2	Sigrún María Bjarnadóttir	SKA	1975	00:58:38	01:59:50
3	Vala Friðriksdóttir	SFS	1969	01:02:00	02:07:25
4	Brynhildur Ólafsdóttir	FÍ Landvættir	1967	01:05:22	02:12:54
5	Lovísa Stefánsdóttir	FÍ Landvættir	1970	01:05:32	02:17:31

20 Km 50-59 ára konur

1	Jóhanna Oddsdóttir	SFÍ	1961	00:58:31	01:56:42
2	Þórey Gylfadóttir	RVK	1965	01:05:29	02:11:38

20 km 60 ára og eldri konur

1	Guðrún Pálsdóttir	Siglufjörður	1955	01:01:17	02:08:01
2	Gerður Steinþórsdóttir	Ullur	1944	01:17:37	02:34:18

20 km 16-34 ára karlar

1	Samúel Orri Stefánsson	SFÍ	1982	00:44:09	01:32:25
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20 km 35-49 ára karlar

1	Gísli Einar Árnason	SKA	1974	00:42:00	01:22:18
2	Daníel Jakobsson	SFÍ	1973	00:41:59	01:22:23
3	Ragnar Bragason	SFS	1974	00:44:07	01:29:14
4	Snorri Þ. Ingvarsson	Ullur	1967	00:44:08	01:29:47
5	Ólafur Helgi Valsson	Siglufjörður	1967	00:48:39	01:40:28
6	Birkir Þór Stefánsson	SFS	1968	00:46:58	01:42:22
7	Vignir Örn Pálsson	SFS	1970	00:52:59	01:46:49

8	Jóhann Dagur Svansson	SFÍ	1971	00:51:55	01:47:19
9	Heimir Hansson	SFÍ	1968	00:53:51	01:47:32
10	Birkir Þór Jónasson	Völsungur	1969	00:55:46	01:53:45
11	Róbert Marshall	FÍ Landvættur	1974	00:56:57	01:55:09
12	Matthías Sigurðsson	FÍ Landvættir	1971	00:56:47	01:55:35
13	Kristinn Halldórsson	Ullur	1972	01:00:35	02:01:51
14	Jón Eðvald Halldórsson	SFS	1980	01:04:00	02:12:12

20 km 50-59 ára karlar

1	Kristbjörn R. Sigurjónsson	SFÍ	1960	00:45:06	01:33:27
2	Einar Ólafsson	Ullur	1962	00:46:32	01:34:40
3	Unnsteinn Jónsson	SKA	1963		01:34:58
4	Gunnlaugur Jónasson	Ullur	1962	00:45:44	01:40:05
5	Einar Ágúst Yngvason	SFÍ	1963	00:51:16	01:40:37
6	Kári Páll Jónasson	Völsungur	1963	00:48:48	01:41:33
7	Jóhannes Kárason	Akureyri	1956	00:51:52	01:46:15
8	Gunnar Þór Sigurðsson	SFÍ	1964	01:00:13	02:01:58

20 km 60 ára og eldri karlar

1	Magnús Eiríksson	Siglufjörður	1951	00:44:46	01:31:44
2	Magnús Steingrímsson	SFS	1955	00:48:49	01:41:25
3	Rósmundur Númason	SFS	1953	00:56:43	01:56:14
4	Viðar Már Matthíasson	Ullur	1954	00:56:49	01:57:37
5	Þóroddur Þóroddsson	Ullur	1950	01:03:01	02:07:34
6	Gísli Óskarsson	Ullur	1947	01:17:53	02:45:13